

Invitation

2009 LungNet Education Day New South Wales

Date: Thursday 17 September 2009
Time: 10:00am — 2:00pm
Venue: Burwood RSL
97 Shaftsbury Road
Burwood
Cost: \$10 (includes lunch and refreshments)

The Australian Lung Foundation
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To book your place please call
1 800 654 301
before 10th September 2009

*Please alert us to any
dietary requirements
at time of booking*

Program

BYO Pen or Pencil & paper

- 10:00am** **Registration — tea and coffee**
- 10:30am** **Welcome from The Australian Lung Foundation**
- 10.45am** **Surgical Options for Patients with COPD**
Dr Matthew Bayfield, Cardiothoracic Surgeon, RPA will provide an overview of surgical options for people with COPD, focusing particularly on 'Endoscopic Valves'.
- 11:30am** **Physical Activity in COPD**
Sally Watts, Pulmonary Rehabilitation Physiotherapist, Northern Sydney Central Coast Health, will discuss the importance of physical activity in COPD and the use of physical activity monitors. Sally will also discuss research currently taking place at The University of Sydney investigating exercise in patients with COPD and dust related lung disease.
- 12:15pm** **Lunch and Lucky Door Prize**
- 1:00pm** **Fitness to Fly**
Leigh Seccombe, a Senior Respiratory Scientist within the Department of Thoracic Medicine, Concord Hospital will provide an insight into what people with lung disease should consider before flying.
- 2:00pm** **Thank you and Closing**

